



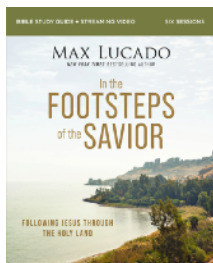
455 South Church Street  
Winston Salem, NC 27101

[www.OnWingsLikeADove.com](http://www.OnWingsLikeADove.com)

**Office Hours:**  
Tuesday-Thursday  
10 am-2 pm  
or by appointment 336-829-5060  
[sandra@onwingslikeadove.com](mailto:sandra@onwingslikeadove.com)

### *Ladies Bible Study*

Each Tuesday  
At On Wings Office  
From 12:30-2:00  
We are studying  
In the Footsteps of the Savior  
By Max Lucado



Come Join Us!

### *Prayer/Support Group*

We are beginning a  
**NEW MONTHLY**  
Zoom Prayer/Support Group  
Our **FIRST** meeting is  
September 1st at 6:30 PM  
Each meeting will be on the  
1st Monday of each month  
Lisa Hathaway  
will lead the sessions  
If you want to join the meeting  
please email Sandra at  
[www.OnWingsLikeADove.com](http://www.OnWingsLikeADove.com)  
to receive the Zoom Link  
(See ad on page 4)

SO I SAID,  
"OH, THAT I HAD  
WINGS LIKE A DOVE!  
I WOULD FLY AWAY  
AND BE AT REST".  
**PSALM 55:6**



A Newsletter from On Wings Like A Dove Ministry September 2025 Vol. 21 Issue 9

## *Do you have a Contrite Heart*

"The Lord restored the fortunes of Job when he prayed for his friends,  
and the Lord increased all that Job had two-fold."

Job 42:10

Several years ago, Charles R. Swindoll wrote about ten books on several biblical characters, and I collected them all. I've read them all, some more than once, and they all inspire and encourage me in my own spiritual journey each time I do.

Recently I felt compelled to pull Job off the shelf to read. It is the longest volume of all the ones he wrote. I meticulously read and highlighted sections in the book and then I go back and concentrate on the highlights.

Due to suffering and trials in my families lives over the years, I've been intrigued by Jobs' story and his steadfast faith. We have often joked that Job's last name was Kearns, but let's be honest, his struggles outweigh most of ours.

His so-called friends were not supportive at all as they accused him of having sin in his life. In Job 21:34 he retorts, "How then will you vainly comfort me, For your answers remain full of falsehood". The word falsehood in Hebrew means, "Treachery or Fraud". Job tells Zophar that he has falsely accused him.

How do you respond when falsely accused? You might first ask God to examine your heart and see if there is any wicked way in you. If so ask Him to cleanse you but after examination if what you are being accused of is false, you might want to follow these guidelines from Swindoll.

First, listen to what is being said, considering the character of the critic. Stay Calm.

Second, respond with true facts and accurate information. Speak Truth!

Thirdly, stop & think. Speak the truth and leave the defense of your own character in the Lord's hands. Lean Hard!

Fourth, Refuse to let the accusations discourage you. Get Tough!

Let God fight your battle and strengthen you in it. Do not retaliate in like manner but wait on God to handle the situation. When we attempt to defend ourselves, things can escalate, and it may become a full-blown argument with words said that wound with irreparable damage.

One of the things I love about this story is when Job as the offended one prays for the friends who offended him. He graciously prayed for each one without any bitterness in his heart. He demonstrated a contrite heart when he bowed his head and prayed without expectations. This was a major move toward passing his test, as The Lord knew he would when he suggested to Satan, "Have you considered my servant Job?"

Satan believed Job served & honored God because of the walls of protection around him. Job had never been tested to such an extent and you may not have either.

What would be your response to the loss of all your children, your livelihood, the false accusations of friends and the devastating health issues in the end? Maybe you have been in the crucible of hard knocks, did it make you bitter or better? Did it cause you to grow deeper in your faith or become angry with God? Are you able to genuinely pray for and love your accusers without expectation?

Let's ALL contemplate that question.

~ Sandra



## LIVING COURAGEOUSLY

"May the Lord rejoice in His works"

I was sitting in Sunday School one morning as we were looking at Psalm 104. This verse caught my thoughts and held me captive. Certainly the Lord delights in the majestic mountains that He created - their beauty, their vistas, the refreshing brisk air. Surely the abundance of beaches and seaside communities also shout the Creator's glory - the roaring ocean, the predictable tides, the variety of shells and the multitude of sea life. Giraffes with their long necks, elephants with their trunks, the octopus with its multitude of appendages, vivid blue birds, fascinating hummingbirds and impressive blue herons - all fashioned by the Creator and worthy of His rejoicing.

And me?

I, too, am created by God...but does God rejoice over me?

Scripture affirms that He does.

I am precious in God's sight (Psalm 72:14), God sees me as holy (Psalm 86:2), He loves me with an everlasting love (Jeremiah 31:3) and He rejoices over me with singing (Zephaniah 3:17).

Are there times when you doubt your value? Can life seem overwhelming, your emotions unpredictable and out-of-whack? Is there relational conflict, and do shame and other lies plague you? Could you benefit from a person who can help you to sort your thoughts and behaviors, and to replace the lies we believe with the Truth God tells us?

Lori Hauswirth is a Christian Life Coach who is coming alongside On Wings Like a Dove for a day retreat followed by a 9-week class. The day retreat is planned for September 20th, 10-3, at Friends Baptist Church in Clemmons. The class is to start September 23rd, 12:30-2, at the Wings office.

Lori will give us tools and help that we may use to sort out experiences from our past that are affecting our present, lies and shame that we've owned, anxiety that overwhelms, inaccurate self-perceptions, the lack of boundaries and other things that prevent us from living whole and healthy lives in Christ, so that we may more fully embrace the love the Father has for us. Using Scripture as our guide and authority, we'll explore and discuss who God designed us to be.

Please plan to join us in September for the day retreat on the 20th and the weekly classes starting on the 23rd, as we begin a journey to discover ourselves, our gifts and our callings.

Does God rejoice over me? Absolutely! And He rejoices over you, too!

Those who sow with tears will reap with songs of joy.

Those who go out weeping, carrying seed to sow, will return with songs of joy, carrying sheaves with them. (Ps 126:5,6)

## Day Retreat

SEPTEMBER 20TH

FRIENDS BAPTIST CHURCH IN CLEMMONS

10 AM - 3 PM

SPEAKER IS LORI HAUSWIRTH, BCC (BOARD CERTIFIED COACH)

TOPIC IS — TOOLS FOR LIVING COURAGEOUSLY

THIS IS AN INTRODUCTION TO A 9-WEEK CLASS THAT WILL BE HELD AT THE WINGS OFFICE

FROM 12:30 TO 2:00 EACH TUESDAY THEREAFTER

ALL ATTENDEES ARE WELCOME TO JOIN THOSE CLASSES

## What is a Contrite Heart?

A contrite heart, according to the Bible, is one that is deeply remorseful and repentant for sin, characterized by a profound sense of sorrow and humility. It signifies a brokenness over sin and a sincere desire to turn away from it, relying on God's mercy. This state of heart is highly valued by God and is considered a pathway to spiritual renewal and closeness with Him.

Here's a more detailed breakdown:

- **Remorse and Repentance:**  
A contrite heart experiences deep sorrow for wrongdoing and a desire to make amends, not just outwardly but also inwardly, in thoughts and motivations.
- **Humility:**  
It involves recognizing one's own sinfulness and acknowledging dependence on God's grace and mercy.
- **Brokenness:**  
The term "broken" can refer to a spirit overwhelmed by sorrow and remorse, recognizing the gravity of sin and its impact on one's relationship with God. ([according to www.bibletools.org](http://www.bibletools.org)).
- **Dependence on God's Mercy:**  
A contrite heart understands that forgiveness and restoration come only through God's grace and mercy, not through self-effort.
- **Biblical Examples:**  
Psalm 51 provides a powerful example of David's contrite heart after his sin with Bathsheba, illustrating genuine repentance and a plea for forgiveness.
- **God's Response:**  
God does not despise a broken and contrite heart but rather draws near to those who humble themselves before Him. Isaiah 57:15 speaks of God dwelling with those who are humble and contrite in spirit.

*The sacrifices of God are a broken spirit,  
A broken and a contrite heart—  
These, O God, You will not despise.*

*Psalm 51:17*







## Prayer Thoughts

"By grace you have been saved, through faith."  
Ephesians 2:8

### GOD HEALS OUR BROKENNESS

Collin and his wife, Jordan, wandered through the craft store, looking for a picture to hang in their home. Collin thought he'd found just the right piece and called Jordan over to see it. On the right side of the ceramic artwork was the word grace. But the left side held two long cracks. "Well, it's broken!" Jordan said as she started looking for an unbroken one on the shelf. But then Collin said, "No. That's the point. We're broken and then grace comes in—period." They decided to purchase the one with the cracks. When they got to the checkout, the clerk exclaimed, "Oh, no, it's broken!" "Yes, so are we," Jordan whispered.

What does it mean to be a "broken" person? Someone defined it this way: A growing awareness that no matter how hard we try, our ability to make life work gets worse instead of better. It's a recognition of our need for God and His intervention in our lives.

The apostle Paul talked about our brokenness in terms of being "dead in [our] transgressions and sins" (Ephesians 2:1). The answer to our need to be forgiven and changed comes in verses 4 and 5: "Because of his great love for us, God, who is rich in mercy, made us alive . . . [It] is by grace [we] have been saved."

God is willing to heal our brokenness with His grace when we admit, "I'm broken."

Taken from  
Our Daily Bread  
November 21, 2021



FREE

**F - FINANCIAL  
R - RECOVERY  
E - EMPOWERMENT  
E - EDUCATION**

☒ Darrolyn Sharp  
Certified/Licensed Financial  
Coach

☒ Sunday, September 7, 2025  
4:00 to 5:00pm

☒ 2<sup>nd</sup> Sunday Monthly  
for 12 Weeks

☒ Learn How to Live Freely  
on Your Budget!



On Wings Like a Dove Office  
455 S. Church St.  
Winston-Salem, NC 27101

## KEEP ON ASKING,

AND YOU WILL RECEIVE WHAT YOU ASK  
FOR. KEEP ON SEEKING, AND YOU WILL  
FIND. KEEP ON KNOCKING, AND THE DOOR  
WILL BE OPENED TO YOU.

MATHEW 7:7

## Zoom Prayer/Support Group



Sessions will be lead by:

**Lisa Hathaway**

Ladies Retreat Speaker

**Monday 9-1-2025**

Starting At 6:30pm

Monthly - 1<sup>st</sup> Monday



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to receive Zoom Link