

WHEN YOU GO THROUGH

Deep waters

I WILL BE WITH YOU

Isaiah 43:2



LIKE A DOVE  
A MINISTRY TO LOVED ONES  
OF PRODIGALS & PRISONERS

A Newsletter from On Wings Like A Dove Ministry

June 2022 Vol. 18 Issue 6

455 South Church Street  
Winston Salem, NC 27101

Office Hours:

Tuesday-Thursday

10 am-2 pm

or by appointment

336-829-5060

[sandra@onwingslikeadove.com](mailto:sandra@onwingslikeadove.com)

[www.onwingslikeadove.com](http://www.onwingslikeadove.com)

### Prayer Support Groups

Prayer Support

Monday, June 6

Lydia Moore (former VA  
counselor) will share

River Oaks Church

Clemmons, NC

2nd and 4th Tuesdays

at 6:30 pm

Room #4

Led by Jeff & Sherye Hall

### Ladies Bible Study

Each Tuesday

at On Wings Office

from 12:30 - 2:00

We are studying

Nehemiah by Kelly Minter

Come Join Us!



## Freedom in Christ

“If we confess our sins, He is faithful to forgive us our sins and to cleanse us from all unrighteousness.”

1 John 1:9

Three of my friends and I traveled to the Billy Graham Training Center in April to hear Neil T. Anderson speak. He has revised his first edition of “The Steps to Freedom in Christ” booklet. We have used his materials to lead people to renounce all involvement in activities in which they had allowed the door of their life to open to the demonic. Such things as Quija boards, magic eight ball, witchcraft, horoscopes, substance abuse or false religion to name a few.

The first step in the book is a review list of sins from the past and the present that need to be acknowledged and dealt with. At the end of each section is a prayer of confession as well as thanking the Lord for His forgiveness.

There is also a section on the difference between the Kingdom of Darkness and the Kingdom of Light. Jesus came that we might come out of the darkness of the world into His marvelous Light. He instructs you to renounce anything under the Kingdom of Darkness column and announce the truth in the column entitled Kingdom of Light. Reading the contrasts in the list and countering it with God’s Truth is powerful and the enemy must go.

At the back of the booklet are prayers for specific issues such as pornography, homosexuality, suicidal thoughts, or tendencies, eating disorders, or substance abuse. Here is a list that contains many sins of the flesh, some you might not think of:

Stealing	Cheating	Greed
Anger	Swearing	Sarcasm
Procrastination	Gossip/Slander	Complaining

Add others you struggle with, then read these passages prayerfully  
Mark 7:20-23, Galatians 5:19-21, Ephesians 4:25-31

Afterwards pray this prayer:

“Lord Jesus, I confess that I have sinned against You (name the sin). Thank You for Your forgiveness and cleansing. I now turn away from these expressions of sin and turn to You, Lord. Fill me with Your Holy Spirit so that I will not carry out the desires of the flesh. In Jesus name I pray. Amen”.

James 5:16 says, “Confess your sins to one another, and pray for one another so that you may be healed. The effective prayer of a righteous man can accomplish much”.

Talking with a spiritual mentor can often help to get us back on track when we begin to struggle or get off track. I pray you have someone to share with and hold you accountable.

If you get a chance to get this booklet or read Neil’s book, “The Bondage Breaker” I can assure you that it will make a difference in your life. I wish we could send all of you one.

~ Sandra



# Prayer Thoughts

## The Essence of Prayer

Cast all your anxiety on him  
because he cares for you.  
1 Peter 5:7

When Abraham Lincoln became president of the United States, he was tasked with leading a fractured nation. Lincoln is viewed as a wise leader and a man of high moral character, but another element to his makeup, perhaps, was the foundation for everything else. He understood that he was inadequate for the task at hand. His response to that inadequacy? Lincoln said, "I have been driven many times upon my knees by the overwhelming conviction that I had nowhere else to go. My own wisdom and that of all about me seemed insufficient for that day."

When we come to grips with the massive nature of life's challenges and the severe limitations of our own wisdom, knowledge, or strength, we find, like Lincoln, that we are utterly dependent on Jesus—the One who has no limitations. Peter reminded us of this dependency when he wrote, "Cast all your anxiety on him because he cares for you" (1 Peter 5:7).

God's love for His children, paired with His absolute power, make Him the perfect Person to approach with our frailties—and that's the essence of prayer. We go to Jesus acknowledging to Him (and ourselves) that we're inadequate and He's eternally sufficient. Lincoln said he felt he "had nowhere else to go." But when we begin to comprehend God's great care for us, that's wonderfully good news. We can go to Him!

Taken from Our Daily Bread

In the morning, LORD,

you hear my voice;

In the morning

I lay my requests before you

and wait expectantly.

Psalm 5:3

# Kathy's Korner



# Storms

It was dark outside. We were in a small camper. The hail coming down echoed inside like drums. Occasional larger objects fell on the roof of the trailer, sounding like bombs. The wind was rocking the camper. Would a tree fall and crush us? Would the wind knock us over? The peace and relaxation I had been experiencing was being replaced by fear and uncertainty.

My husband and I had a recent camping trip, the same weekend when tornadoes touched down and wreaked destruction nearby. We had no TV, no weather radio – just a weather app on my phone, by which I frequently consulted the radar.

When the storm hit at night it was difficult to discern the truth. How large is the hail? Is there damage occurring to the trailer from falling debris? Are we in a flooding location? The amplified sounds inside the camper made the storm seem larger than it really was.

In the morning, by the light of day, we discovered that all was well. No damage, no problems. How easy it is to focus on the storms in our lives and to forget about the One who controls the storms. I felt a kinship with the disciples out on a boat during a storm, while Jesus slept nearby (Mk 4:35-38). Jesus calmed the storm by telling it to, "Be still", then He asked His shipmates, "Why are you so afraid? Do you still have no faith?" In the Gospel of Luke it is written, "Where is your faith?" Jesus's rebuke to them applies to me also.

The ladies' Bible study on Tuesdays is studying the book of Nehemiah. Nehemiah is known for rebuilding the wall around Jerusalem, and what a man of great prayer he was! When he heard of the ruins Jerusalem had become, he "mourned, fasted and prayed" (Neh 1:4). Is this my typical first response? To cry out to the One who knows my circumstances and holds my future, the God of mercy and compassion, and the God who loves me? Or, do I turn to my own abilities and operate based on what I think I understand?

During our storms of life, the physical ones, when the wind howls and the driven rain lashes us, the emotional ones when the fear abounds and tears won't stop, the mental ones when comprehension is limited and confusion reigns – remember the powerful words of our God:

"Be still and know that I am God; I will be exalted among the nations, I will be exalted in the earth. The LORD Almighty is with us; the God of Jacob is our fortress!"

Ps 46:10-11

When the prodigal came home, he was given, a robe, a ring and sandals. His father also said to kill the fatted calf. Here is the significance—

### The Robe

represents the righteousness of Christ. God's covering from our shame. The father provided it for His son not based on merit or good works, but on sonship.

### The Ring

represents authority and total restoration. It was like the family credit card. Authority means we can pray faith filled prayers to our father because we belong to God.

### The Sandals

meant he was no longer a slave. Slaves went barefoot. Sons wore sandals.

### The Fatted Calf

represents atonement for sin, notice that blood was shed. (Hebrews 9:22) Fatted calves in those times were saved for special occasions such as the Day of Atonement. (Leviticus 23:26-32). This was not just any party; it was a rare and complete celebration.

Had the boy been dealt with according to the Law, there would have been a funeral, not a celebration. "The Lord does not treat us as our sins deserve or repay us according to our iniquities. For as high as the heavens are above the earth, so great is his love for those who fear him; as far as the east is from the west, so far has he removed our transgressions from us. As a father has compassion on his children, so the Lord has compassion on those who fear him." (Psalm 103:10-13) Instead of condemnation, there is rejoicing for a son who had been dead but now is alive, who once was lost but now is found (Romans 8:1; John 5:24). (Note the parallel between "dead" and "alive" and "lost" and "found"—terms that also apply to one's state before and after conversion to Christ (Ephesians 2:1-5). This is a picture of what occurs in heaven over one repentant sinner (Luke 15:7, 10).

*Friends,*

I have no words for the joy I felt hugging my son for the first time in a few years. I had a hard time letting go. I rejoice for all the Lord has done in his life. Never, ever give up praying for your prodigal.



KAREN WITH HER SON, JEREMY

*And when he comes home,  
he calls together his friends  
and his neighbors,  
saying to them,  
Rejoice with me,  
for I have found  
my sheep that was lost.*

*Luke 15:6*



## *Ladies Retreat May 2022*

### *Crossing the Threshold*

There is no way of describing our Spring Retreat. We believe God was present with us from beginning even to the present time as we continue to process what He showed us. We thank Dawn Bray who shared with us as the Holy Spirit led her and to Elizabeth Trogdon who led us in worship. We delved into the relationship of our spirit, soul, and body as they connect and operate in alignment with the Father, Son, and Holy Spirit. We want to learn and practice living in our spirit connected to the Holy Spirit instead of our soul. The more we live in our spirit the more the Holy Spirit quickly speaks to us to realign if we begin to live out of our flesh. We also learned how to identify generational curses brought down from our ancestors and how to repent of those and cleanse current and future generations. We normally have personal quiet time away with the Lord but I sensed that the attendees were hungry to receive more of the teaching so we took a short break on Saturday for lunch and then reconvened for instruction. The Lord did amazing things.