

**Be strong and take heart,  
all you who hope in the  
LORD.**

**Psalm 31:24**



A Newsletter from On Wings Like A Dove Ministry January 2022 Vol. 18 Issue 1

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Tuesday-Thursday  
10 am-2 pm  
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### *Prayer Support Groups*

[www.onwingslikeadove.com](http://www.onwingslikeadove.com)

Prayer Support  
Monday, January 3  
To Be Announced

River Oaks Church  
Clemmons, NC  
2nd and 4th Tuesdays  
at 6:30 pm

Room #4

Led by Jeff & Sherye Hall

### *Ladies Bible Study*

Each Tuesday  
at On Wings Office  
from 12:30 - 2:00  
January 4

We will start a new study:  
Walk Through Revelation  
by Jimmy DeYoung

Dear friends, let us  
continue to love one another,  
for love comes from God.  
Anyone who loves is a child  
of God and knows God.  
1 John 4:7

## *Change Is Coming: Are You Preparing?*

"I saw the Holy City, the New Jerusalem, descending out of the heavenly realm from the presence of God, like a pleasing bride that had been prepared for her husband, adorned for her wedding". Revelation 21:2

For fifteen years I have set down each month to write from my heart while connected to God's. Each month I have prayed for words to bring you hope and comfort in your journey. Often, I have written from my own experience through fears, a sense of hopelessness and uncertainty, but mostly giving testimony of how God has been faithful to bring me through the valleys into a deeper relationship with Him.

As I am at my dining room table where my dad and I would sit, eat, fellowship, and share for hours about the Lord and His faithfulness to us, I am even more aware that life changes and God is changing us as well. We have a choice to let it change us for His good and His glory or let it defeat us.

I have never liked change and often fought against it. If something is working, I don't see the point in change, but in my seventy-three years I have observed many things change, some for good, and some not so much. We must come to terms with the fact that some things will not remain the same. We must learn to flow with the changes and adjust to them with the Lord's help.

I believe a major change is on the horizon and we need to be preparing ourselves. I came across a devotion in "The Book of Mysteries" by Jonathan Cahn that spoke to this idea of change and to my word for 2021 which was, "Prepare".

*As Christ's Bride we need to be preparing to be changed in the twinkling of an eye. We must do that by letting go of this world which has been our home and begin focusing on our future home. It might mean a change of focus for you. Our days on this earth are temporary. We are soon to experience change in our bodies and our dwelling place. If you know Jesus as your Savior that brings you hope, peace, and expectancy.*

If you do not know Jesus as your Savior, then make a change today and be prepared for the days of eternity. Eternity is one change I am looking forward to with all my heart. I am longing to see the Bridegroom and spend the rest of my days basking in His glory and presence.

How about you? If you cannot say the same, please make a change this New Year and prepare yourself for the most wonderful change of all time. Ask Jesus to come into your heart and accept Him as your Lord and Savior. Then make sure you are preparing and adorning yourself in these days for the wedding and make it your goal to be pleasing to Him. He is Worthy.

At the end of the devotional it says, "Live today as one preparing for the wedding (the Groom). Use every moment as a chance to become more beautiful and heavenly".

~. Sandra

## Jesus said 'I AM' on seven occasions

'I am' in Hebrew is 'Hayah' and means; "to be or to exist!"

Each 'I am' is a description He gave of Himself and is recorded in John's Gospel.

The Seven 'I am' sayings help us better understand the divinity of Christ:

"I AM the bread of life." John 6:35, 41, 48-51

"I AM the light of the world." John 8:12, 9:5

"I AM the gate for the sheep." John 10:7, 9

"I AM the good shepherd." John 10:11, 14

"I AM the resurrection, and the life." John 11:25

"I AM the way, the truth, and the life." John 14:6

"I AM the true vine." John 15:1, 5

### Prayer Thoughts



**PEACE** isn't merely the absence of conflict; it's the presence of God's wholeness. All of us need this shalom, and it's only found in Christ and His Spirit. This is why Paul pointed the Galatians to the Spirit's transformational work. As the Holy Spirit operates in our lives, He generates His fruit that includes love, joy, patience, and more (Galatians 5:22-23). He gives us that vital element of true, enduring peace.

As the Spirit enables us to live in God's shalom, we learn to bring our needs and concerns to our heavenly Father. This in turn brings us "the peace of God, which transcends all understanding"—the peace that "will guard [our] hearts and [our] minds in Christ Jesus" (Philippians 4:7).

In Christ's Spirit, our hearts experience true shalom.

Anything under God's control is never out of control.

- Chuck Swindoll

Taken from Our Daily Bread

Be on your guard;  
stand firm in the faith;  
be courageous; be strong.

Do everything in love.

1 Corinthians 16:13-14

Love does no wrong to others,  
so love fulfills God's law

Romans 13:10

# Recovery

by Bridgette

So you've partied to the point of despair,  
all the while thinking that no one cared.  
You've driven yourself to a point of hopelessness,  
you still feel the sorrow of yesterday's quest.

You've been blocking out the pain and running with fear,  
numbing your brain so that you're not entirely here.  
Medicating all of your problems without regard,  
not realizing that you're making simple things seem so hard.

As you continue this lifestyle, your problems accumulate,  
you often wonder how can this be my fate?  
Why has the Lord let me fall from His grace?  
Of the faith I'd known, I have not a trace.

Finally the pain and confusion just won't cease,  
you've rattled your brain while searching for peace.  
Logical thinking cannot prevail,  
insecurity sets in and you're sure you will fail.

You're left with no choice but to reach out for aid,  
letting go of false pride and not caring what's said.  
It's come to the point that your sanity is at stake,  
you're going to have to change no matter what it takes.

You've heard of a program where people will assist  
it's the only hope you have so you ask to enlist.  
The people are real friendly, and seem to relate  
to the consequences you've suffered through fate.

They say there's a solution and to keep coming back,  
that problems can be resolved once you get the knack.  
Your interest increases with each meeting you attend,  
the fog starts to clear and reality sets in.

You realize that your life is unmanageable and that you are in despair,  
you've felt so alone and thought this world so unfair.  
You then come to realize that most of this is so untrue,  
that the one that played the biggest part turned out to be you.

You accept that you're not perfect and that some things you know must change,  
that without a conscience contact with God your life will be the same.  
So you become open-minded and start to rebuild your faith,  
as a result you've restored your hope and are certain of His Grace.

He's soon restored your sanity as you see things in a new light,  
but you do realize that all things won't change overnight.  
It's going to take some acceptance, tolerance and patience too,  
keeping focus on yourself to be a better you.

So you practice these remaining steps in all of your affairs,  
with ever growing faith because you're sure that He still cares.  
Through guidance from the Lord above, you strive to make new friends,  
and begin to feel loved again.

You sense a debt of gratitude but whom do you repay?  
Then you realize it's how you live, and not what you say.  
Just continue to grow while keeping all of this in mind,  
and remember that your recovery will progress One Day at a Time.



# THANK YOU JESUS

Where do I begin? The mere words 'thank you' are not enough. I'm so very grateful for the awesome privilege God gave me in September of 2011 to meet Sandra and as a result be involved in the Lord's work at On Wings Like a Dove. I've been very blessed and inspired to see how God has always provided for this beautiful ministry the Lord placed on Sandra's heart, and her obedience to carry out God's plan through On Wings Like a Dove. I will forever be grateful for the honor and privilege to be a small part of OWLAD and to see God work and provide as we prayed for whatever the needs were for the ministry.

Sandra always goes above and beyond and never ceases to amaze me. Thank you, Sandra, for being a beautiful example of a Godly woman, not only inspiring to me but others. At the September Prayer Support Group, you blessed me with gorgeous flowers and a framed scripture which is one of my favorites and one I often write in notes to people. Thank you for doing all that you graciously and generously do and always giving of yourself, seeking to do God's will.

I was blessed again and again as I met more and more ladies, families, and prodigals. It was always a pleasure to hear each share their stories and the privilege of getting to know them. I miss each one. Because you are special to me, you will always be in my heart and in my prayers. All the very kind heartfelt notes through mail, text, email, and phone calls were so special and appreciated. I was very grateful for your prayers which I know helped make this move and transition to Alabama possible, especially through all the challenges we've faced.

I will always be eternally grateful and thankful to God for the awesome blessings of OWLAD and each of my sisters, and friends in Christ. And as I've said many times, I'm not saying goodbye but until we meet again. Keep smiling, keep looking up to Jesus and keep letting His Light shine through you to others

**Thank You Jesus!!!**

May the God of hope fill you with all joy and peace in believing [through the experience of your faith] that by the power of the Holy Spirit you will abound in hope and overflow with confidence in His promises.

~ Romans 15:13

*Love and Hugs*

*Patricia Julian*



Lord bless you, and keep you [protect you, sustain you, and guard you]; The Lord make His face shine upon you [with favor], And be gracious to you [surrounding you with lovingkindness]; The Lord lift up His countenance (face) upon you [with divine approval], And give you peace [a tranquil heart and life].

~ Numbers 6:24-26 "