



A newsletter from On Wings Like A Dove Ministry

June 2018 Vol. 14 Issue 6

**Come to Me and I will give you rest – all of you who work so hard beneath a heavy yoke. Wear my yoke—for it fits perfectly—and let me teach you; for I am gentle and humble, and you shall find rest for your souls; for I give you only light burdens. Matthew 11:28-30 TLB**

455 South Church Street

Office Hours:

Tuesday-Thursday 10am-2pm  
or by appointment 336-829-5060  
sandra@onwingslikeadove.com  
www.onwingslikeadove.com

### Prayer Support Groups

First Monday of each Month  
On Wings Prayer Support:  
455 S. Church Street  
beside "God's Acre" Old Salem  
Winston-Salem, NC  
6:30 to 8:00 pm

June 4  
Richard Maas  
Meeting Human Needs

No Monday evening meeting in  
July or August

River Oaks Church, Clemmons  
Meet in Room #4  
2nd & 4th Tuesdays @ 6:30 pm  
Led by Jeff and Sherye Hall  
Currently studying  
**Anxious for Nothing**  
by Max Lucado

First Baptist Church, Sparta  
Wednesday nights @ 6:30 pm  
Led by Joseph & Carolyn Caldwell  
Currently studying  
**Overcoming Addictive Thinking**  
by Abraham Twerski M.D.

Fellowship Baptist Church, Ellerbe  
Meet in Fellowship Hall  
2nd & 4th Mondays @ 6:30 pm  
Led by Elaine Martin

### Ladies Bible Study

Each Tuesday  
from 12:30 to 2 pm  
meet at On Wings Office

We are studying the book  
**Free Indeed**  
by Robert Morris



### SPRING RETREAT

Our Spring Retreat was one of the best attended to date. Everyone who signed up was able to attend. We attribute that to all the prayers that were going up on their behalf.

Getting away together with like minded people is always refreshing. Caraway Conference Center is such a beautiful restful location. Many went for walks in the woods or around the lake, sat on the deck or patio or spent time at the prayer spot outside.

God gave us wonderful weather. We sat around the fire after our session on Friday night as we talked and shared. New friends were made through fellowship time, prayer, and worship. Just yesterday one attendee said, "I'm not over the Retreat yet, it was so uplifting!" Praise God.

We celebrated Nancy Gover's birthday on Friday. Jan Sharp's family came on Saturday and surprised her for her eightieth year. She was delighted!!

Our theme was "Come to Me" taken from Matthew 11:28-30. We discovered the ways Jesus wants us to come to Him through His Word, Prayer and Worship. We talked about finding His desire while in our waiting, that there is a cost when we follow Him and that we need to consecrate ourselves by separating ourselves from anything unclean.

His call leads us to come to terms with how we can find our complete rest in Him. He calls us to lay our burdens down. Psalm 55:22 says to pile your troubles on God's shoulders. He'll carry your load. What an invitation. Have you laid your load down? As I tried to carry my "stuff" back to my vehicle after the retreat, I was reminded how heavy our load can get. I had a bag on each shoulder, my garment bag over my arm and a bag in the other hand. I almost didn't make it. Why do we carry so much at a time? We think it will save us a trip back and forth, but the trouble is, when we load all that on us, we risk not getting to our destination or we arrive to find ourselves exhausted.

That also happens with our emotional baggage. We keep piling it on, worry after worry, until it becomes exhausting. That's the enemy's plan. He wants us weary and heavy laden, but Jesus wants us to come up under His yoke and allow Him to help us carry our burdens. That makes it so much lighter.

As I started laying down each bag, I felt the relief it brought. Make a choice today to lay down your burdens as you "Come to Him" in complete surrender. What freedom it brings!

A big thank you to Pat Julian, Jennifer Gentle and Jan Craver for sharing their heart and God's love to each attendee.

~ Sandra Kearns



# WHY DO I FEEL SO EMPTY?

Taken from [www.incourage.me](http://www.incourage.me)

Written by Renee Swope

It was a source she'd come to depend on. A place she went to get her needs met, but it was never enough. Every day she came back for more.

Filling her jar with water, the woman looked up and heard the man asking her for a drink. Then He offered her something in return: living water. Unlike the water she came to get that day, He said this water would be so satisfying that she would never thirst again.

His offer, she said: You have nothing to draw with and the well is deep. Where can you get this living water? (John 4:11)

But she didn't know who He was, and that all He needed to draw with was His Spirit, for it would draw her near to Him.

As far as the depth of the well, it was her heart He was looking into. And she was the only one who could stop Him from reaching the empty places that needed Him most.

Like the woman at the well, I've depended on other means to get my needs met. Yet when I look to them, instead of Him, they are never enough.

I've looked to family and friends, bosses and boyfriends, teachers and mentors, my husband and kids. I've longed for their approval and the affirmation that comes with it.

I've looked to possessions and positions, and put my hope in recognition, thinking: "If only I had.... If only I could..."

Yet it's never enough. No matter how much we do or how much we have, it is never enough to fill us up and it was never supposed to be.

We see this deep thirst even in King David, who had everything: the highest position, unlimited possessions, and great power, yet none of it was enough. In Psalm 63:1, he described himself as parched and thirsty for God:

You God, are my God, earnestly I seek you;  
I thirst for you, my whole being longs for you,

in a dry and parched land where there is no water.

Then David went on to describe what he experienced when he drank deeply of God's love:

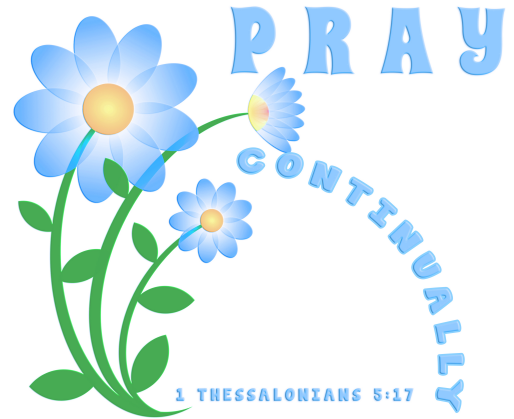
Because your love is better than life, my lips will glorify you. (Psalm 63:3)

The same thing happened to the woman Jesus met at the well that day. She drank deeply of His love and was filled to overflow.

The empty places in our hearts were created to be filled by God alone. The deepest thirst of our soul can only be quenched by Him.

Just like the woman at the well, God put a longing in our hearts intended to lead us back to Him. Only His unconditional acceptance, approval and affirmation can fill our empty places.

Until God's love and acceptance is enough, nothing else will be.



## Prayer Thoughts

by Janet Linville

### The Art of Forgiveness

One afternoon, I spent two hours at an art exhibit—*The Father & His Two Sons: The Art of Forgiveness*—in which all of the pieces were focused on Jesus's parable of the prodigal son (Luke 15:11-31). I found Edward Riojas's painting *The Prodigal Son* especially powerful. The painting portrays the once wayward son returning home, wearing rags and walking with his head down. With a land of death behind him, he steps onto a pathway where his father is already running toward him. At the bottom of the painting are Jesus's words, "But when he was yet a great way off, his father saw him, and had compassion".

When we walk away from God, He doesn't turn His back on us. He keeps watching and waiting for our return. His love is undeserved, yet unchanging. We are all guilty, yet our heavenly Father reaches out to welcome us back home.

(taken from *Our Daily Bread*, April 2018)