

**SO, IF THE
SON SETS
YOU FREE
YOU WILL BE
FREE INDEED**
JOHN 8:36

455 South Church Street
Winston Salem, NC

Office Hours:
Tuesday-Thursday 10am-2pm
or by appointment 336-829-5060
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Prayer Support Groups

First Monday of each Month
On Wings Prayer Support:
455 S. Church Street
beside "God's Acre" Old Salem
Winston-Salem, NC
6:30 to 8:00 pm

No Monday night Meeting
in July or August

River Oaks Church, Clemmons
Meet in Room #4
2nd & 4th Tuesdays @ 6:30 pm
Led by Jeff and Sherye Hall
Currently studying
Anxious for Nothing
by Max Lucado

First Baptist Church, Sparta
Wednesday nights @ 6:30 pm
Led by Joseph & Carolyn Caldwell
Currently studying
Overcoming Addictive Thinking
by Abraham Twerski M.D.

Fellowship Baptist Church, Ellerbe
Meet in Fellowship Hall
2nd & 4th Mondays @ 6:30 pm
Led by Elaine Martin

Ladies Bible Study

Each Tuesday
from 12:30 to 2 pm
meet at On Wings Office

We are studying the book
Free Indeed
by Robert Morris



A newsletter from On Wings Like A Dove Ministry

July 2018 Vol. 14 Issue 7

Idle Words

But I say to you that for every idle word men may speak,
they will give an account of it in the day of judgement.

Matthew 12:36

In my quiet time this morning I was reminded of this passage in Matthew. Maybe when you read it, you will think to yourself "Whoa, really?" just as I did. I challenge you to ponder for a while, examine yourself and let it change your heart. For me, it was a wake up call. How many idle words do I speak in any given day. How many idle thoughts march through my mind and out of my mouth. As God convicts me of those, I repent and ask His forgiveness. Possibly, I even need to ask forgiveness of the person if God leads.

In *Experiencing God Day-by-Day Devotional* by Henry Blackaby it defines idle words as: "things we say carelessly, without concern for their impact on others". Take the time to read Matthew 15:17-20. It says, "from the heart come evil thoughts and they defile us". Satan can put a thought in our minds and we dwell on it, it becomes bigger and bigger, and we feel justified to speak it. God knows our heart so why not allow Him to clean it up.

Look at Proverbs 17:28 which encourages us to speak less rather than risk saying anything offensive. I don't know about you, but oftentimes, I want to express my opinion or viewpoint on a certain subject or person. Yet, sometimes, I come out looking worse than the one I am condemning. Do you ever wish you could suck those words back?

That happened to me recently. As I expressed my reasons for feeling offended by someone, I heard with my own ears how I had allowed anger to build up in my heart and take root. Were my words uplifting or edifying? Absolutely not! And God pointed it out to me clearly that day.

I just "happened" to have a small book on my desk called *Grace and Forgiveness* by John and Carol Arnott. A few statements grabbed me. "When we judge others, it almost always comes out as an accusation. Instead, we need to edify and encourage them." How can I encourage when I have bitterness in my heart? It has to go. I realized that the more I harbored negative thoughts about this person, the more it showed up in my speech. So, I chose to repent, pray for God's forgiveness and pray for the person as well. It's amazing how God has changed my heart.

One other thing this little book pointed out was, "Whenever we spew out these idle words, it not only wounds the person, it wounds the heart of God". I definitely don't want to wound His heart. When we say those words, we may feel justified because of how they have offended us or our family, but God wants us to lay it down at the foot of the cross.

We must learn to live in a place of grace, not wanting justice. God has given us abundant grace, but we want justice in our case. God is still working on this issue in my life and I'm choosing to allow Him to dig in the garden of my heart, pull up any roots He didn't plant, and keep me from idle words for which one day I will have to give an answer.

I pray this passage will speak to you as it has to me. Begin to think carefully about the words that come out of your mouth and speak only words that lift up and edify.

**May the words of
my mouth and the
meditation of my
heart be pleasing
to you, O LORD,
my rock and my
redeemer.**

Psalm 19:14

~ Sandra



Prayer Thoughts by Janet Linville

Trouble and Prayer

No temptation has taken you but such as is common to man.

1 Corinthians 10:13

Trouble and prayer are closely related to each. Prayer is of great value to trouble. Trouble often drives people to God in prayer, while prayer is but the voice of people in trouble. There is great value in prayer in times of trouble.

Prayer often delivers one from trouble and more often gives strength to bear trouble, ministers comfort in trouble and creates patience in the midst of trouble.

Wise is the person who knows his True Source of strength and who doesn't fail to pray in times of trouble.

Prayer: Thank you God for delivering me in times of trouble. I know that there is power and great value in prayer. I praise Your name. Amen

Taken from
"The Power of Prayer" by E. M. Bounds

I became acquainted with Cathy when she started our original bible study. She progressed rapidly and with each completed study, I could see spiritual growth. From the beginning, she was very transparent, sharing her difficult life and how she progressed into drugs. But, she always expressed remorse and her wish for a better life for herself and her family.

She regularly asked for specific prayers for the needs she was experiencing. Early on, I saw her beautiful heart and spirit. As we encouraged each other, it allowed our friendship to grow. I regularly visit her at the prison and we treasure that time together. She has been such a blessing to me and it has given me a broader understanding and tolerance of others in difficult life situations. I have great hope for Cathy's future. I regularly tell her that I can't wait to see what God has in mind for her life!



~Sharon Tyra

GOD SOMETIMES MOVES MOUNTAINS ONE PEBBLE AT A TIME.

For you have been called to live in freedom, my brothers and sisters. But don't use your freedom to satisfy your sinful nature. Instead, use your freedom to serve one another in love.

Galatians 5:13