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Prayer Support Groups

Prayer Support New Location Kickoff
Home Moravian Church
529 S. Church Street
Monday, September 10
—6:30 to 8:30 pm—

River Oaks Church
Clemmons, NC
Meet in Room #4
2nd & 4th Tuesdays @ 6:30 pm
Currently studying
Letting Go
by Dave Harvey & Paul Gilbert
Led by Jeff and Sherye Hall

First Baptist Church,
Sparta, NC
Wednesday nights @ 6:30 pm
Currently studying
Reaching Your Prodigal
by Phil Waldrep
Led by Joseph & Carolyn Caldwell

Fellowship Baptist Church,
Ellerbe, NC
Meet in Fellowship Hall
2nd & 4th Mondays @ 6:30 pm
Led by Elaine Martin

Ladies Bible Study

Each Tuesday
At the On Wings Office
from 12:30 to 2:00

We will begin a new study Sep 11
Ruach Journey
by Sylvia and Elizabeth Gunter
Led by Katie Satterwhite



A newsletter from On Wings Like A Dove Ministry

September 2018 Vol. 14 Issue 9

Can You Drink the Cup?

Our current Bible Study, *Breathe* by Priscilla Shirer is reminding us of the freedom we can find in our Sabbath rest. Thankfully, I have learned that lesson over the years. I make an effort to get away alone with God on occasion. When I'm feeling empty, my time alone with God fills me up to overflow again and gives me energy to keep going.

In August, our family escaped to the beach for a week of rest and family time. While there, I read a little book, *Can You Drink the Cup?* by Henri J. M. Nouwen. I'd like to share some of his quotes with you:

"Our cup is often so full of pain that joy seems completely unreachable. When we are crushed like grapes, we cannot think of the wine we will become. We need to be reminded that our cup of sorrow is also our cup of joy and that one day we will be able to taste the joy as fully as we now taste the sorrow. We need to remind each other that the cup of sorrow is also the cup of joy, that precisely what causes us sadness, can become the fertile ground for gladness. Indeed, we need to be angels for each other, to give each other strength and consolation. Because only when we fully realize that the cup of life is not only a cup of sorrow but also a cup of joy will we be able to drink it. Community is a fellowship of people who do not hide their joys and sorrows but make them visible to each other in a gesture of hope. In community we say, Life is full of gains and losses, joys and sorrows, ups and downs—but we do not have to live it alone. The greatest healing often takes place when we no longer feel isolated by our shame and guilt and discover that others often feel what we feel and think what we think and have the fears, apprehensions and preoccupations we have."

I can't tell you the mothers who come to prayer support or Bible Study and say, "finally we have found a safe place to share our burden because we know you understand our pain without judgement."

So in light of that truth, we will have our Prayer Support Kickoff September 10 at 6:30 – 8 pm at Home Moravian Church. Peggie Wells is a chaplain at Forsyth Detention Center. She has a passion to serve women offenders in a greater capacity by implementing a 6-12 month transitional program center.

Jennifer Gentle will lead us in praise and worship with prayer time in the end. Make an effort to come together in community for healing and prayer.

We look forward to serving you in 2018-2019 so that we can share our cups of sorrow in community together.

~ Sandra



Praise

Makes a Difference

Without praise we experience an eroding that leads to bondage and death (Romans 1:21) With praise, you and your circumstances can be changed, because it gives God entrance into every area of your life and allows Him to be enthroned there. So any time you struggle with negative emotions—such as anger, unforgiveness, fear, hurt, oppression, depression, self-hatred, or worthlessness—thank God that He is bigger than all that. Thank Him that His plans and purposes for you are good. Thank Him that in any weak area of your life, He will be strong. Thank Him that He came to restore you. Remember the names of the Lord, and use them in your prayer. “I praise You, Lord, because You are my Deliverer and Redeemer.” “Thank You, God, that You are my Healer and Provider.” . . . Praise lifts us powerfully into God’s presence and aligns us with His purposes.

From the book *Seven Prayers That Will Change Your Life Forever*
by STORMIE OMARTIAN



PRAYER SUPPORT

Helping you with support, encouragement & Biblical guidance in your walk with your prodigal.

NEW LOCATION KICKOFF

HOME MORAVIAN CHURCH
529 S. Church Street, W-S

MONDAY
SEPTEMBER 10
6:30 TO 8:30 PM

PEGGIE WELLS
of Forsyth Jail & Prison Ministry
will be sharing
JENNIFER GENTLE
will lead us in
Praise and Prayer

Spending Time with God

**O God, You are my God; early will I seek You;
my soul thirsts for You.**

Psalm 63:1

God seemed to come to my door one day and ask if I would start walking with Him by getting up early in the morning for prayer and Bible reading. At first I thought it was something I had to do. I dragged my feet to sacrifice the extra few minutes of sleep! He was so patient as He waited for me to understand that it wasn't something I had to do; instead it was a personal time of fellowship with Him. I grew in my love relationship with Him.

One reason I have maintained my walk with God is that no one else – not my beloved family or my close and loyal friends – really understands me. No one else truly knows my fears and longings and hurts and dreams and failures. But He shares my feelings, my loneliness. Spending time with God as I “walk” with Him meets needs that are in the deepest part of me. He Himself is the solution to the loneliness of the human spirit.



Taken from ibelieve.com (Joy of My Heart by Anne Graham Lotz)

Prayer Thoughts

by Janet Linville

The Offspring of Character

Be self-controlled and alert. Your enemy the devil prowls around like a roaring lion looking for someone to devour. 1 Peter 5:8

It is true that prayer governs conduct, and conduct shapes character. Conduct is what we do. Character is what we are. Conduct is the outward life. Character is the unseen life, hidden within, yet is evidenced by what is seen. Conduct is external, seen from without. Character is internal, operating within.

In the economy of grace, conduct is the offspring of character. Character is the state of the heart and conduct is its outward expression. Prayer is related to all the gifts of grace.

Prayer helps to establish character and to shape conduct and both depend on prayer for their successful continuance.

Father, I know that the successful continuance of how I act and who I am depend on prayer. Please guide me in Your truth today. Amen.

(From the Power of Prayer, by E. M. Bounds)